



**Interfaith Volunteer Caregivers
Community Enrichment Program**

**Tuesday, January 24, 2017
1:00 p.m.**

**St. Mark Catholic Church
4401 Bart Avenue
Warren, MI 48091**

(One block north of 9 Mile Rd. & One block east of Ryan Rd.)

Caregiver Stress

Speaker: Lauren Cetnar

Alzheimer's Association – Greater Michigan Chapter

Caring for a loved one with a physical and/or cognitive disability can seem overwhelming. Join us as we discuss caregiving challenges and offer tips and resources to help those caring for loved ones.

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*Free of Charge - All are Welcome - RSVPs are requested to ensure seating: (586) 757-5551*

*This meeting is part of a series of community education programs  
offered by the Interfaith Volunteer Caregivers. For more information on IVC visit [www.ivcinfo.org](http://www.ivcinfo.org).*